

# **\*\*MEDIA ALERT\*MEDIA ALERT\*MEDIA ALERT\*\***

## **SISTERSPEAK LUNCHEON INSPIRES AFRICAN AMERICAN WOMEN IN DETROIT TO MAKE A POWERFUL DIFFERENCE**

### ***Empowerment Specialist Sil Lai Abrams to Present No More Drama: Nine Simple Steps to Transforming a Breakdown Into a Breakthrough***

**WHAT:** Sisterspeak Luncheons, a nationally recognized motivational series, is coming to Detroit, featuring empowerment specialist and author Sil Lai Abrams and famed comedian Diane Amos.

An enlightening luncheon series celebrating the unique sisterhood of African-American women and promoting a spirit of community, the high-profile program features inspirational speakers to encourage individuals to make a powerful difference in their neighborhood.

More than 400 African-American women are confirmed to attend, with keynote speaker Abrams discussing relationships, depression and suicide with excerpts from her book "No More Drama: Nine Simple Steps to Transforming a Breakdown Into a Breakthrough."

Diane Amos, comedian and actress, will also share words of wisdom and encouragement with her own hilarious touch as a speaker and performer.

Five African American women from the greater Detroit area will be honored for their outstanding efforts to make a Powerful Difference in their communities.

Sisterspeak Luncheons is a part of the Powerful Difference campaign that acknowledges and rewards powerful women who foster pride and commitment to their communities across the country.

**WHERE:** MGM Grand Detroit  
1777 Third Street  
Detroit, Mich. 48226

**WHEN:** Saturday, June 20, 2009 from noon to 3 p.m., PST

**WHO:** - Empowerment specialist, relationship expert and author Sil Lai Abrams

- Hear her expert advice on relationships, depression and suicide in trying times
- Talk about the important role of African-American women today

- Comedian and actress, Diane Amos

- Talk with Diane Amos about the changing face of America and the role of strong female African-Americans



- Five greater Detroit area honorees:

- Ms. Angela Benitez– Founder, Thelma Clarke Organization For Youth Advancement
- Ms. LaToniya Jones– Founder, P.O.W.E.R. Organization
- Ms. Tonya McNeil-Weary– Founder, Youth Entrepreneurs Series
- Ms. LaShon Scott– Founder, REACH Youth Initiative
- Ms. Garen Wolff– Founder, Official City Prep

**CONTACT:** For more information or to arrange an interview please, contact:  
Dianna Mangiantini at 415-449-0122 or [dmangiantini@currentlm.com](mailto:dmangiantini@currentlm.com)

**For day-of event directions or information on June 20, please contact Megan Caiola at 631-335-3728**

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